

MAYOR PLEDGE



In Support of the GET FIT EAT WELL Community Challenge,

I PLEDGE TO:

- Kick off the Get Fit Eat Well Challenge by declaring my support and encouraging our constituents to participate.

To Earn Challenge Points For Our Community, I Will:

- Email a photo of myself holding the Pledge to be featured on the Challenge website (10,000 Points)
- Ask City Council members to sign and upload a photo of the group holding the Pledge (2,500 points)
- Create and upload a short video that promotes The Get Fit Eat Well Challenge and calls on another California Mayor to compete (15,000 points)
- Establish or strengthen a community health collaborative in my community (20,000 points)
- Host and speak at a Get Fit Eat Well-sanctioned event in my community that promotes healthy living and the community challenge (5,000 points)

I recognize that a healthy community is more united, more productive, and more prosperous. As a result, I am committed to the health of my community and pledge to make our community a model for others to follow.

MY CITY IS UP TO THE CHALLENGE!

Mayor's Signature:

Date: